

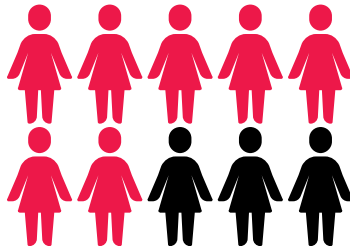
GIRLS INC. GIRLS ARE **STRONG, SMART & BOLD**

Girls Inc. is dedicated to making a measurable difference in the lives of girls, and has developed the Girls Inc. Strong, Smart, and Bold Outcomes Survey to measure indicators of girl success in a network-wide survey each year. In 2024, over 7,300 girls ages 9 and up, across 65 affiliate organizations, participated. Selected results are below.

GIRLS INC. PARTICIPANTS VALUE HEALTHY & ACTIVE LIVES

71%

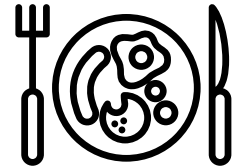
of participants exercise for 60 minutes at least 3 times a week



67% of participants played on at least one sports team in the past year

61%

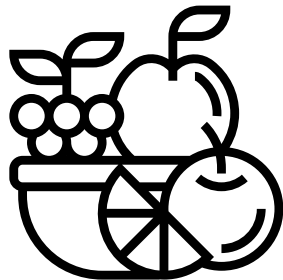
of participants ate breakfast the morning of the survey



THEY LEARN TO FORM HEALTHY LIFESTYLE HABITS

83%

of participants ate at least one serving of fruit in the 24 hours prior to the survey



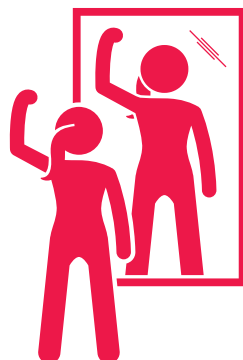
74%

of participants ate at least one serving of vegetables in the 24 hours prior to the survey

THEY LEARN TO LOVE & CARE FOR THEMSELVES

64%

of participants are happy with their bodies



“In Girls Inc. I have learned to be myself with confidence and take pride in being a woman. It’s also taught me to take risks and be bold in whatever I do.”