



Gift a Girl DREAM ROOM SWEEPSTAKES

Presented by:
Girls Inc. of Chattanooga Family Resource Center

HOW TO ENTER (listed by age group):

AGES 4-8

Create a 5-minute creative video answering, "What makes a girl strong, smart, and bold?" You can sing, act, dance, draw, or just talk. Show us your creativity and get your family and friends involved!

AGES 9-18

Write a one-page essay with a 12pt font size and single spacing answering: "What makes a girl strong, smart, and bold?" Use your own words, voice, and heart!

Submission Options:

Option 1: Open the camera on your device/smart phone and scan the QR code to upload your typed essay or video file to the Dropbox.

Option 2: Click the link below to upload your typed essay or video file to the Dropbox. [Click here to access the Dropbox folder.](#)

Option 4: Drop off your written essay in the designated basket at the program building. Ask a Coordinator for directions.

SCAN BELOW TO SUBMIT



REMINDERS:

- Participant Form must be completed to qualify ([click here](#))
- Rules listed on page 2 of this document must be followed
- Submissions must be made by March 31 to be considered

If you need assistance, please contact Aaliyah Parrish, Family Resource Coordinator, at aparrish@girlsincofchatt.org or 828-630-4370.

**ENTRY DEADLINE:
MARCH 31, 2026**



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IMPORTANT RULES TO REMEMBER:

- **NO PLAGIARISM** - Don't copy from books, websites, or other people. Use your own words and ideas - we want to hear from YOU! Plagiarism is when you take someone else's words or ideas and pretend they're your own. Even if you find something you like online, you must say it in your own way!
- **NO ARTIFICIAL INTELLIGENCE (AI)** - Your work should come from your own mind and heart, not a computer or chatbot. We're celebrating your unique voice!
- **NO PROFANITY** - Exclude any inappropriate content.
- The essay or video **must answer the prompt question clearly and be the minimum length expected for the participant's age group** unless the girl has special needs and requires accommodations. Essays and videos that do not meet the time or length expectations will automatically be disqualified. It is okay for the video or essay to exceed the minimum requirements.

Don't wait; start today! Turn in your video or essay by March 31 to be considered for this exciting opportunity and bring your vision to life.

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